

Homemade "Healthy" Soup

Quinoa Veggie Soup (Oil Free, Gluten Free, Vegan & Vegetarian) Cup 4.95 Bowl 5.95
Andean Quinoa with zucchini, squash, kale, carrots, celery & tomatoes.
*Served with sourdough toast **Gluten Free Biscuit add 2.00***

Bowl of Soup and House Salad Combo served with sourdough toast **Gluten Free Biscuit 2.00** 9.95

Salads

Served with our House made Vinaigrette, Ranch or Blue Cheese served on the side
Add side of Organic Free Range Grilled Chicken 3.00

House Salad with Organic mixed greens, tomato, carrots and bell peppers 7.95

Yummy Rainbow Salad *Organic strawberries, blueberries, blackberries & pineapple marinated in house made vinaigrette over bed of organic baby spinach, shredded carrots and topped with toasted quinoa krispies.* 11.95



Entrée Specialties from Peru

Lomo Saltado (Classic Peruvian Steak Plate)

Grass Fed Filet Mignon Strips stir fried with tomatoes, red onions, cilantro and traditionally tossed with fries and served with a side of jasmine rice 17.95

Pollo Saltado (Classic Peruvian Chicken Plate)

Free Range Organic chicken breast strips stir fried with tomatoes, red onions, cilantro and traditionally tossed with fries and served with a side of jasmine rice 15.95

Veggie Saltado (Classic Peruvian Veggie Plate)

Broccoli, green beans, julienned carrots stir fried with tomatoes, red onions, cilantro and traditionally tossed with fries and served with a side of jasmine rice 14.95

